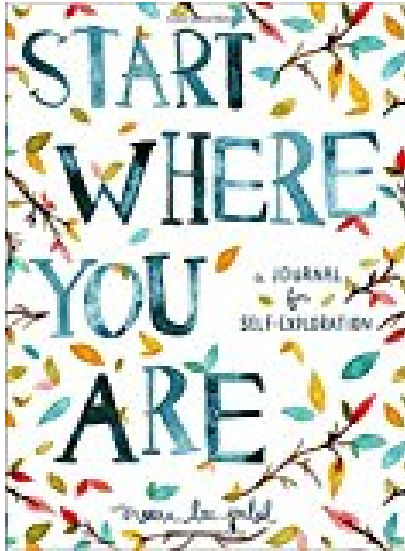


# Start Where You Are A Journal for Self-Exploration

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## BOOK DETAILS

- Author : Meera Lee Patel
- Pages : 128 Pages
- Publisher : TarcherPerigee
- Language : English
- ISBN : 0399174826

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## BOOK SYNOPSIS

Every answer is inside you. This thoughtful journal pairs insightful quotes with prompts that spark reflection through writing, drawing, list making, and more. Whenever you're headed, these pages will help you get there - and gain a deeper understanding along the way. Remarkable, endearing, and absolutely gorgeous. A brilliant travel guide for navigating the nooks and crannies of imagination. Jessica Hagy, author of *How to be Interesting*

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