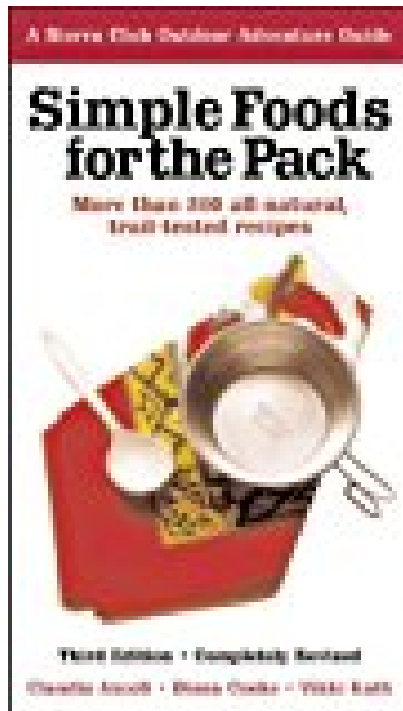


Simple Foods for the Pack More than 200 all-natural trail-tested recipes

Sierra Club Outdoor Adventure Guide



BOOK DETAILS

- Author : Claudia Axcell
- Pages : 304 Pages
- Publisher : Counterpoint
- Language : English
- ISBN : 157805110X

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BOOK SYNOPSIS

This latest edition of the original--and best--natural foods backpacking cookbook features a wealth of new recipes and mouthwatering classics, as well as the most current information on cooking with today's lightweight foods and equipment. This unique cookbook brings together the expertise of culinary professionals and the wilderness knowledge of a former backcountry guide to provide more than 180 trail-tested recipes for delicious, natural, and easy-to-prepare meals for backpacking, hiking, and camping. Since Sierra Club Books published the first edition of *Simple Foods for the Pack* in 1976, there has been a revolution in backcountry cooking. Today's lightweight stoves and kitchen tools make cooking in the wild easier than ever before. And with the ubiquitous availability of fast-cooking natural foods, the modern adventurer has tasty alternatives to the expensive pre-packaged meals that are on the market. Focusing on these natural foods and the latest equipment, this newly revised edition offers hikers gourmet taste at every meal--from Oatmeal Hotcakes for breakfast, to homemade "nutrition bars" for the trail, to Beer Fondue back at camp. The wide variety of menus and the expanded guide to planning, packing, and preparing food make cooking in the backcountry as easy as High Mountain Pie.

SIMPLE FOODS FOR THE PACK MORE THAN 200 ALL-NATURAL TRAIL-TESTED RECIPES SIERRA CLUB OUTDOOR ADVENTURE GUIDE - Are you looking for Ebook *Simple Foods For The Pack More Than 200 All-natural Trail-tested Recipes Sierra Club Outdoor Adventure Guide* ? You will be glad to know that right now *Simple Foods For The Pack More Than 200 All-natural Trail-tested Recipes Sierra Club Outdoor Adventure Guide* is available on our online library. With our online resources, you can find *Applied Numerical Methods With Matlab Solution Manual 3rd Edition* or just about any type of ebooks, for any type of product. Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. *Simple Foods For The Pack More Than 200 All-natural Trail-tested Recipes Sierra Club Outdoor Adventure Guide* may not make exciting reading, but *Applied Numerical Methods With Matlab Solution Manual 3rd Edition* is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with *Simple Foods For The Pack More Than 200 All-natural Trail-tested Recipes Sierra Club Outdoor Adventure Guide* and many other ebooks.

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