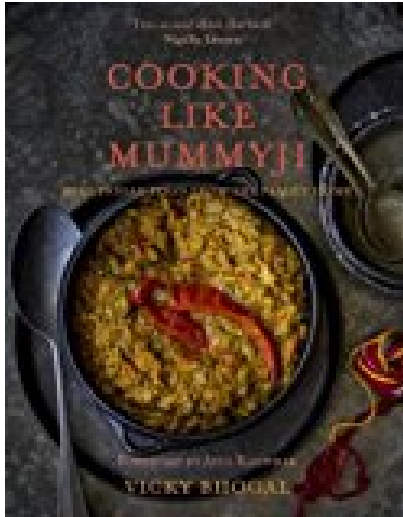


Cooking Like Mummyji Real British Food from the Family Home



BOOK DETAILS

- Author : Vicky Bhogal
- Pages : 224 Pages
- Publisher : Grub Street Cookery
- Language : English
- ISBN : 1910690309

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BOOK SYNOPSIS

Cooking Like Mummyji was first published to great acclaim and garnered thousands of loyal fans in 2003 but has been unavailable for almost 10 years. It won the Jeremy Round Award for Best First Book at the Guild of Food Writers Awards and was short-listed for Best Book at the Glenfiddich Awards. Now back in a fully revised, redesigned edition with newly commissioned photography the author reveals in over 100 recipes the secrets of British Asian food. These are the recipes from her family and friends; Indian cooking but adapted using British ingredients. Vicky says our home food is much simpler than the food you find in Indian restaurants. We use very few spices. The same ingredients are generally used for everything but, like musical notes, can be combined in many different ways to create beautiful melodies. Many of the names of her dishes will be familiar to aficionados of high-street Indian restaurants but Vicky's versions are healthier, with fresher, more vivid flavours. Vicky Bhogal was born in the Midlands to Sikh parents. She emerged onto the food scene at 25 years old with her first cookbook, the bestselling *Cooking Like Mummyji*, a love letter to the Punjabi Indian food she was brought up on. She went on to create her own authentic chilled foods range, *Just Like Mummyji's* exclusively for Tesco 2004-2007, becoming a £3.2m brand within six months and winning her a Grocer Award in 2006 and short-listing for Entrepreneur of the Year Award at the Asian Jewel Awards 2006.

REVIEWS

"An enchanting book, suffused with charm, wit and the kind of fresh, light recipes that can dazzle a dinner party or make a perfect supper for one. I defy anyone to read her recipes for Coconut Fish Dream or Pomegranate Rubies with Lime and not dash for the spice rack" *Red Magazine*

"I've come across versions of [keema] all over the place but the recipe that prompted me, finally, to try it...comes from Vicky Bhogal's wonderful, *Cooking Like Mummyji*, I am so mad about this book" *Nigella Lawson, Feast*

"*Cooking Like Mummyji* is much more than a cookbook, it is about learning and keeping those precious family recipes, as well as passing on these traditions, to the future generations" *Atul Kochhar*

"I love this book so much. A masterpiece on the subject of the kind of food my granny used to make, all of it easy to prepare and accessibly written up" *India Knight, The Thrift Book*

"Quirky and clever, and the recipes look pretty good too!" *Meera Syal*

"Written with openness and delight in its subject...intelligent and fascinating" *Caroline Roux, The Guardian*

... were taken on a whirlwind tour of real Indian cuisine. Recipes that got our taste buds in a twist include South Indian Vegetables and Lentils, summery-looking Paneer Skewers and Chicken Biryani

"Heat Magazine" Here is your chance to learn how to do it properly" *Glasgow Herald*

"A sense that the author has been on a similar voyage of discovery to the reader... is what makes Vicky's books so exciting to cook from" *Tom Norrington-Davies, The Telegraph*

"A tribute to the Sikh community living in Britain, Vicky Bhogal's book brings favourite family dishes to the table in much the same way as they would be in rural Punjab." *Roopa Gulati, Time Out Magazine*

"Mix a pinch of Nigella with a teaspoon of Bollywood and you get the glamorous Vicky Bhogal, who will change your perception of Indian cuisine forever" *Bryony Gordon, You Magazine, The Mail on Sunday*

"Fast, clever, witty and utterly unlike the over-stylised fare offered up by most food writers" *Yasmin Alibhai-Brown, The Independent*

"If you like your food aromatic and spicy, this gorgeous book will tickle your taste buds. Featuring the best of British Asian home cooking, there's not a tikka masala in sight." *She Magazine, Best for Christmas gifts 2003*

"A young British Asian writer is set to publish a book on Indian home cooking that should have you eating out of her hand... including family photography, stunning illustrations, humorous anecdotes and witty insights, *Cooking Like Mummyji* proposes to dispel a few myths and stereotypes about Indian food and British Asian culture" *Asian Times*

... a book that will be greatly valued by young Asians, especially those who ache for a taste of Punjabi home cooking" *Tandoori Magazine*

"As a child, Vicky was teased about Indian food by playground bullies. Now the in-demand author of two cookery books on modern British Asian cooking, there's no doubt who's had the last laugh" *Olive Magazine*

... were taken on a whirlwind tour of real Indian cuisine. Recipes that got our taste buds in a twist include South Indian Vegetables and Lentils, summery-looking Paneer Skewers and Chicken Biryani

"Heat Magazine" ...shows us the recipes you won't find in Indian restaurants" *Books Quarterly, Waterstones*

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